

# ESPRESSO TRAIN

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## cafe & catering

*We don't employ people to cater.  
We cater so we can employ people.*

### CATERING MENU

ORDER ONLINE

[www.espressotrain.com.au](http://www.espressotrain.com.au)

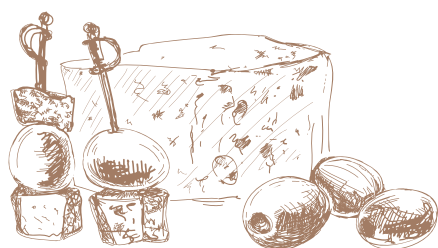
EMAIL FOR A QUOTE

[catering@espressotrain.com.au](mailto:catering@espressotrain.com.au)

TALK TO US - 0403 900 550

### GRAZING PLATTERS

<b>THE GREEK CLUB PLATTER - Serves 10</b>	<b>GF^</b>	<b>94.00</b>
<ul style="list-style-type: none"><li>- Smoked Ham, Shaved Salami</li><li>- Soft Brie, Vintage Cheddar</li><li>- Turkish Fingers, Artisan Crackers</li><li>- Chickpea Hommus</li><li>- Stuffed Peppers, Marinated Olives + Caperberries</li></ul>		
<b>MEZZE PLATTER - Serves 10</b>	<b>V</b>	<b>83.00</b>
<ul style="list-style-type: none"><li>- Dolmades (Stuffed Vine Leaves)</li><li>- House Marinated Feta</li><li>- Roasted Capsicum, Pickled Onion, Stuffed Olives</li><li>- Chickpea Hommus, Tzatziki Dip</li><li>- Carrot Sticks, Cucumber, Semi Dried Tomatoes</li><li>- Pita Bread</li></ul>		
<b>PLOUGHMAN'S PLATTER - Serves 10</b>	<b>GF^</b>	<b>88.00</b>
<ul style="list-style-type: none"><li>- Fresh Baguette with Cultured Butter</li><li>- Aged Cheeses</li><li>- Fresh Grapes and Berries</li><li>- Chickpea Hommus, Mango Chilli Chutney</li><li>- Artisan Crackers</li><li>- Shaved Salami</li><li>- Veggie Sticks</li></ul>		
<b>DIPS PLATTER - Serves 8</b>	<b>V GF^ VV^ DF^</b>	<b>65.00</b>
<ul style="list-style-type: none"><li>- Selection of House Made Dips (May Include Hommus, Tzatziki &amp; Guacamole)</li><li>- Artisan Crackers</li><li>- Vegetable Sticks</li></ul>		
<b>HOUSEMADE SWEETS PLATTER - Serves 8 <u>or</u> 16</b>	<b>V GF^ VV^ DF^</b>	<b>43.00</b>
<i>A Mix of Our Housemade Sweets which Contain 24/48 Bite Sized Pieces. These may Include Sweets such as our Chocolate Caramel Slice, Mango Weis Bar and Turkish Delight Slice</i>		
<b>FRUIT PLATTER - Serves 5 <u>or</u> 10</b>		<b>40.00</b>
<i>Fresh seasonal fruit including varieties such as watermelon, grapes, kiwi, strawberries etc.</i>		



v = vegan | v = vegetarian | gf = gluten free | df = dairy free | ^ = upon request

## SALADS



### THAI PEANUT SALAD / gf, df, v, vv

Quinoa, Carrot, Cabbage, Shallots, Mint and a Creamy Peanut Dressing

Small Platter ( serves 4 side salads )

Large Platter ( serves 8 side salads)

Add Chicken

52.00

88.00

18.40

36.80

### LENTIL & BEETROOT SALAD / gf v

Brown Lentil, Beetroot, Walnut, Rocket and Feta Salad with

Chef's Vinaigrette Dressing

Small Platter (Serves 4 side salads)

Large Platter (Serves 8 side salads)

Add Chicken

52.00

88.00

18.40

36.80

### MEDITERRANEAN SALAD / gf, df, v, vv

Zucchini, Tomato, Black Olive, Cucumber, Onion, Parsley and

Baby Spinach with our Lemon Dressing

Small Platter (Serves 4 side salads)

Large Platter (Serves 8 side salads)

Add our Poached Chicken Breast Pieces (small / large)

52.00

88.00

18.40 /

36.80

## SOUP

### POTATO & LEEK SOUP - SERVES 6

**V GF^**

65.00

Creamy Potato and Leek Soup Served with a Crusty Baguette

### THAI PUMPKIN SOUP - SERVES 6

**VV GF^**

65.00

Thai Pumpkin Soup on Coconut Milk Served with a Crusty Baguette

## BAKES

### BEEF LASAGNE - SERVES 8

Ground Beef in a Tomato & Red Wine Sauce Layered with Pasta,  
Cheese and Bechamel Sauce

124.00/  
BAKE

### VEGETARIAN LASAGNE - SERVES 8

**V**

Roasted Pumpkin and Spinach in a Tomato & Red Wine Sauce Layered  
with Pasta, Cheese and Bechamel Sauce.

118.00/  
BAKE

### PASTA BAKE - SERVES 8

**V GF**

Creamy Vintage Cheddar, Spinach and Herb Pasta Bake

118.00/  
BAKE

### GARDENERS PIE - SERVES 8

**V VV DF GF**

Mixed Vegetable and Lentil Base in a Tomato and Red Wine Sauce with a  
Mashed Sweet Potato Top

118.00/  
BAKE

## BOWLS

### CHILLI CON CARNE - MINIMUM ORDER 8

**GF DF^**

Mild Beef in a Mexican Tomato Sauce with Beans, Rice, Guacamole and Sour  
Cream served as individual bowls

18.20/  
SERVE

### SWEET CHILLI CHICKEN - MINIMUM ORDER 8

**GF DF**

Marinated Chicken with Noodles, Broccoli, Pickled Carrot, Shallots and  
Sesame Seeds served as individual bowls

18.20/  
SERVE

### BUTTER CHICKEN - MINIMUM ORDER 8

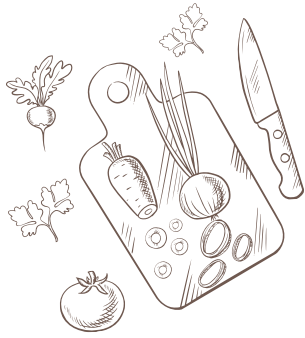
**GF**

Tender Chicken in a mild Spiced Tomato Sauce Served with Basmati Rice and  
Mango Chutney served as individual bowls

18.20/  
SERVE

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## FINGER FOOD



<b>ARANCINI BALLS</b>	<b>52.00</b>
<i>25 Arancini Balls per Platter Served with Tomato Chilli Relish Porcini &amp; Truffle (V) Italain Tomato (VV, GF)</i>	
<b>KARAGE BITES</b>	<b>52.00</b>
<i>1 Kilogram of Crispy Japanese Chicken Bites Served with Kewpie Mayo</i>	
<b>MEATBALLS</b>	<b>52.00</b>
<i>25 Homemade Asian BBQ Pork Meatballs per Platter Served with Tomato Chilli Relish</i>	
<b>MINI SAUSAGE ROLLS</b>	<b>52.00</b>
<i>Selection of Our Housemade Sausage Rolls 20 mini sausage rolls served with a choice of tomato, BBQ sauce or tomato chilli relish Chicken, Feta and Spinach Beef, Vintage Cheddar and Caramelised Onion Roasted Pumpkin, Confit Garlic, Spinach and Feta (V)</i>	
<b>V GF^ VV^ DF</b>	
<b>RICE PAPER ROLLS</b>	<b>26.00</b>
<i>A platter of 10 rice paper rolls served with sweet chilli and peanut hoisin sauce  Poached Chicken and Avocado (V) Rainbow Rolls (can be made vegan upon request)</i>	
<b>SAMOSA</b>	<b>48.00</b>
<b>V</b>	
<i>20 Indian Vegetable Samosas Served with Mango Chutney</i>	
<b>SPRING ROLLS</b>	
<i>20 Spring Rolls Served with Sweet Chilli Sauce Vegetable (V)</i>	
	<b>38.00</b>
<i>Peking Duck</i>	
	<b>48.00</b>

## SANDWICHES, WRAPS & BAGUETTES

Sandwiches are cut in quarters on a mix of café sized wholemeal & white.

Wraps are cut in half and include premium ingredients like avocado, free range chicken, roast capsicum, brie & baby spinach.

Mixed selections include at least 10% vegan & 10% vegetarian unless requested otherwise.

### CLASSIC SANDWICH PLATTER - Serves 4 - 5 47.00

- Five Mixed Sandwiches cut into quaters
- Example: Chicken, Lettuce and Mayo, Corned Beef, Cheese & Pickles
- - Vegetarian, Vegan and Dairy Free Options Included

### GOURMET WRAPS PLATTER - Serves 4 - 5 68.00

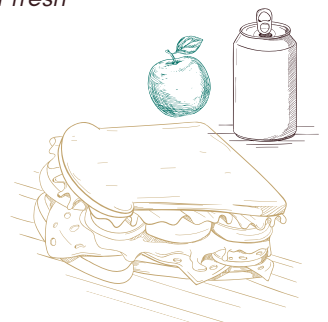
- Tortilla Wraps Filled with Gourmet Ingredients such as Brie, Avocado, Roast Capsicum + Poached Chicken
- - Vegetarian, Vegan and Dairy Free Options Included
- Gluten Free Platter - Serves 3 - 4 59.00*
- Single Gluten Free Wrap 14.00*

### BAGUETTE PLATTER - Serves 5 - 6 68.00

- French Bagutte Sticks Filled with a variety of shaved meats and fresh salads*
- - Vegetarian, Vegan and Dairy Free Options Included

### PAPER BAG LUNCH 14.50

- One of our fresh sandwiches cut into quaters, wrapped & in a paper bag with a whole piece of fruit and a can of softdrink or bottle of water.
- Include a homemade biscuit 18.30



## BREAKFAST

<b>SWEET DANISH - MINIMUM ORDER 6</b>	<b>V</b>	<b>5.60ea</b>
<i>Freshly Baked Danish - Apple or Apricot</i>		
<b>FRIAND - MINIMUM ORDER 12</b>	<b>V GF^</b>	<b>4.60ea</b>
<i>Mini Freshly Baked Blueberry and Lemon Almond Cake Topped with Flaked Almonds and a Dusting of Icing Sugar</i>		
<b>FLAVOURED YOGHURT POT - MINIMUM ORDER 6</b>	<b>V</b>	<b>7.40/ serve</b>
<i>Natural Greek Yoghurt Pot with Fruit Puree - 420ml • Passionfruit, Mango or Strawberry</i>		
<b>FRUIT SALAD, YOGHURT AND GRANOLA POT - MIN ORDER 6</b>	<b>V</b>	<b>12.90/ serve</b>
<i>Freshly Cut Fruit Salad with Natural Greek Yoghurt and House Baked Banana Bread Granola - 420ml</i>		
<b>FRUIT PLATTER - Serves 5 or 10</b>	<b>V GF VV DF</b>	<b>40.00/ 65.00</b>
<i>Fresh seasonal fruit including varieties such as watermelon, grapes, kiwi, strawberries etc.</i>		
<b>FRESHLY BAKED CROISSANT - MINIMUM ORDER 6</b>	<b>V</b>	<b>5.60ea</b>
<i>Flakey Croissant Served with Butter and Locally Made Strawberry Jam</i>		
<b>FILLED CROISSANT - MINIMUM ORDER 6</b>		<b>7.80ea</b>
<i>Freshly Baked Croissant with Your Choice of:</i>		
<ul style="list-style-type: none"> <li>• Shaved Ham &amp; Cheese</li> <li>• Avocado, Tomato &amp; Swiss Cheese (V)</li> <li>• Almond Croissant (V)</li> </ul>		
<b>BREAKFAST ROLL - MINIMUM ORDER 6</b>		<b>12.90ea</b>
<i>Brioche Bun with Your Choice of:</i>		
<ul style="list-style-type: none"> <li>• Bacon &amp; Egg w Tomato Chilli Relish</li> <li>• Mushroom, Spinach &amp; Feta w Tomato Chilli Relish (V)</li> </ul>		



## CAKES & SWEETS

Our homemade cakes & fresh baked fruit loaves are available as single serves, whole or cut for you to dish.

<b>CARROT CAKE w CREAM CHEESE ICING / df^</b>		<b>39.00</b>
<i>A Slab of Our Spiced Carrot &amp; walnut Cake Serves 20 - 40</i>		
<b>CLASSIC CHOCOLATE CAKE</b>	<b>V</b>	<b>39.00</b>
<i>A Slab of Our Delicious Housemade Chocolate Cake Serves 20 - 40</i>		
<b>APPLE AND GINGER CAKE</b>	<b>V</b>	<b>34.00</b>
<i>German Inspired Apple and Ginger Tea Cake Served with Whipped Cream 26cm Round Tin</i>		
<b>APRICOT AND VANILLA CAKE</b>	<b>V</b>	<b>34.00</b>
<i>Decadent Apricot and Vanilla Tea Cake Served with Whipped Cream 26cm Round Tin</i>		
<b>HOUSEMADE BISCUITS / Serves 10</b>		<b>38.00</b>
<ul style="list-style-type: none"> <li><i>Classic Chocolate Chip</i></li> <li><i>Oat and Cranberry Biscuit (VV)</i></li> <li><i>Maple Almond Cookie (VV, GF)</i></li> <li><i>Caramilk Cookie</i></li> <li><i>Macadamia and White Chocolate Cookie</i></li> </ul>		

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## COFFEE & COLD DRINKS

### JUICES / individual 350ml or 2lt

4.40/11.50

We'll send you a mix of flavours like orange, apple or tropical

### WATER by WADDI SPRINGS

Still 600ml \$3.40 / Sparkling Water 500ml \$4.40 or 750ml \$6.80

### SOFT DRINK CANS

3.40

Golden Circle flavours - Lemonade, Creaming Soda, Golden Pash  
Coca-Cola Original or Coke No Sugar

### BUNDABERG BREWED DRINKS

4.40

Ginger Beer, Sarsparilla, Lemon-Lime & Bitters, Guava, Pine-Coconut

### REMEDY FERMENTED DRINKS NATURALLY NO SUGAR

5.40

Kombucha Passionfruit, Peach, Raspberry Lemonade, Ginger-Lemon

### COFFEE & TEA

2.50

Coffee bags, a selection of tea bags, milk, sugar, stirrers & cups.  
Price is per person per break.

Hot water urn available to hire. Please note, requires an hour to heat so be sure to allow for that in your delivery time.

From  
60.00



## GOOD THINGS TO KNOW

We don't employ people to cater. We cater so we can employ people.

Easy online ordering at [www.espressotrain.com.au/catering](http://www.espressotrain.com.au/catering)

We deliver hot food hot & cold food cold. If you would prefer to heat it yourself please let us know

We make everything fresh on the premises using mostly seasonal, fairly local, top-notch ingredients

### Therefore, we kindly request 3 working days' notice for bakes & whole cakes

For small orders [under \$250] please order by 10am **two work days** in advance

Delivery to Nundah & adjoining suburbs is free for orders over \$250.

Smaller local orders attract a \$15 fee

Surrounding suburbs are \$25, wider Brisbane, \$35

Delivery fee to outer regions supplied on application

Add 15% to delivery fee after 4pm weekdays.

Add \$15 to delivery fee on Sunday. Labour charges will also apply to Sunday

We do not cater/deliver on Saturdays, sorry, it's our day off

Prices on this menu include GST.

Online, GST gets added to the order summary on the left.

ALLERGEN DISCLAIMER: Please be aware that we make all of our food on our premises. Whilst care is taken, we can not be held responsible for traces of milk, eggs, peanut, tree nuts, wheat, fish soybean etc. Please let us know of any allergies or dietary requirements so we can best serve you.

We practice triple bottom line decision making to improve the lives of people & reduce our impact on the planet wherever possible. For instance:

- we are powered by the sun via our 12kw solar array
- we partner with a local fellow to compost our organic waste & create a small income by selling liquid fertiliser on his behalf



Business for good



Nundah Community Enterprise Co-Operative

ESPRESSO TRAIN Cafe & Catering is an initiative of Nundah Community Enterprises Cooperative.