



# DELIVERY MENU

## Chef Steve's Sensational Soup's

\$9.90 per serve, or \$35 per litre – includes turkish fingers

- chicken veloute
- country pumpkin GF V VV
- pea & ham GF DF
- curried lentil GF V VV

## Bigger Better Bakes

\$9.90 per slice or \$35 small (serves 4) or \$72 large - serves 9

- traditional beef lasagne
- gardeners pie (lentil) w potato & sweet potato mash VV GF DF
  - three cheese macaroni with or without bacon V(r)
  - ham, onion & cheese frittata GF
  - vegetarian frittata V GF

## Dinner for One

\$9.90 each, delivered frozen for you to heat and eat

- south sudanese beef meatballs in spicy tomato sauce
  - egyptian eggplant stew & rice V VV DF GF
- sri lankan vegetable curry & rice (mild) V VV DF GF

## Salads & Snacks

- avocado salad w feta, tomato, cucumber & red onion tossed in basil pesto GF sml \$9 lge \$13
- garden salad w cos, tomato, carrot, cucumber, red onion VV V GF DF sml \$9 lge \$13
  - 2 dips w carrot sticks & rice crackers V VV DF GF \$15
  - cheese (150g) w grapes & rice crackers V GF \$15
  - beef & tomato sausage roll w barbeque sauce \$7
- little quiche with ham & cheese or spinach & cheese V \$3

GF = Gluten Free V = Vegetarian VV = Vegan DF = Dairy Free (r) = upon request.



## Sandwiches, Bagels & Wraps. Oh my!

- vintage cheddar & chutney sandwich **v** \$6.20
  - egg & lettuce sandwich **v** \$6.20
- free-range chicken, mayonnaise & lettuce sandwich **DF** \$7.50
  - ham & cheese sandwich \$8.40
  - turkey, cheese & cranberry sauce sandwich \$8.40
- fresh tomato, avocado & hummus sandwich **v** **VV** **DF** \$8.40
- ham sliced off-the-bone & sweet mustard pickle bagel \$8.40
  - chicken, cheese & mayo bagel \$9.60
- ham off-the-bone, cheese & tomato sandwich \$9.60
- turkey, brie, lettuce & cranberry sauce wrap \$10.50
  - turkey & avocado bagel **DF** \$10.50
  - tofu, tomato & lettuce bagel **v** **VV** **DF** \$10.50
- ham sliced off-the-bone, avocado, lettuce & pesto wrap **DF** \$11.20
  - chicken, bacon bits, parmesan, egg-mayo & cos wrap \$14.80

## Morning Moments

- brekky wrap w bacon, cheesy scrambled egg & bbq sauce **GF(r)** \$11.50
- brekky wrap w scrambled tofu, mushroom & tomato **v** **VV** **DF** **GF(r)** \$11.50
- avocado quesadilla - grilled folded tortilla filled w hummus & avo **VV** **GF(r)** \$11.50
  - avocado on turkish toast w lemon **v** \$10.80
  - avocado on turkish w poached eggs **v** \$12.10
  - ham & cheese turkish toasted sandwich \$9
- cheese, tomato & avocado turkish toasted sandwich **v** \$10

## Sensational Sweets

- whole carrot cake w cream cheese icing (serves 20) \$42
- moist chocolate loaf w chocolate icing (serves 10) **GF** \$35
  - banana, apple chunk loaf (serves 10) **VV** **DF** \$29
  - pear & raspberry almond bread (serves 10) **GF** \$35
    - maple & almond biscuits **VV** **GF** **DF** \$2.75 ea

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## Store-2-U

- loaf of bread – Brumby's café sized white or multigrain sliced thick \$5
  - cooloola dairy milk – 2 litre full-cream or 2% low fat \$5
    - free-range eggs (doz) (extra large) \$7
- ham by the gram – locally cured ham by gerns sliced off the bone /100g **GF** \$3
  - coffee beans – Aroma's Premium Organic 500g | 1kg \$24 | \$42
    - fresh fruit – banana, apple or pear **VV DF GF** \$1.50(ea)
      - libees local honey 500g | 1kg \$12 | \$20
      - libees local honeycomb 250g \$10
  - libees honey products – deoderant paste, hand balm, beard balm \$10
    - libees honey lip balm \$3

## Thirst Quenchers

- coffee the way you like it – 8, 12 or 16oz w full cream, 2%, soy or lactose free
  - water –still 600ml \$3.40 or sparkling 500ml \$4.40 or 750ml \$6.80
  - golden circle cans – creaming soda, golden pash, lemonade \$3.40
    - coca-cola cans – regular or no sugar \$3.40
  - bundaberg bottles – ginger beer, lemon lime & bitters, guava \$4.40

## Hodgepodges

### disposable items available upon request

- wooden knife, fork & napkin set \$0.35ea **FSC®**
- enviroboard **25cm plate** \$0.30ea, pack of 50 \$16
- double walled paper cups (hot) or clear bioplastic cups (cold) \$0.30ea
- napkins 2 ply – 10 for \$1, 20 for \$1.50, 50 for \$2.50, 100 for \$5

### ADDITIONAL INFO:

- easy online ordering at [www.espressotrain.com.au/catering](http://www.espressotrain.com.au/catering)
- we compost organic waste, are solar powered & employ people w disabilities
- we deliver hot food hot & cold food cold. if you would prefer to heat it yourself please let us know.
- we make everything fresh on the premises using mostly seasonal, fairly local, top-notch ingredients
- therefore, we request three working days' notice for bakes & whole cakes
- for **small** orders [under \$250] please order **by 10am for next day delivery**
- delivery to Nundah adjoining suburbs is free for orders over \$25, small local orders attract a \$7 fee
- surrounding suburbs are \$15, wider Brisbane, \$25 delivery fee to outer regions supplied on application
- add 15% to delivery fee after 4pm weekdays. add \$10 to delivery fee on Sunday
- we do not deliver on Saturdays, sorry, it's our day off
- prices on this menu include GST. online GST gets added to the order summary on the left.