



CATERING MENU

Platters to Share

each platter serves 10-12 people

- fresh market bought seasonal fruit platter \$50 / \$34 **VV DF GF**
- trio of dips served w tortilla chips, rice crackers & crudities \$58 **V VV DF GF**
- four cheese platter w dried fruit, almonds, turkish & rice crackers \$68 / \$40 **V GF**
 - antipasti platter w cold meats, cheeses, olives, roast capsicum tortilla chips & rice crackers \$78 **GF**
- continental breakfast platter w cold ham, salami, avocado, tomato, cheese, fresh fruit, bagel chips & mini croissants \$78

Cocktail Food Favourites

\$3.70 each (minimum of 10 per item) we suggest four per person as a snack

- chicken, cucumber & mayo sushi rolls w pickled ginger, soy & wasabi **GF**
 - vietnamese rice paper rolls w two dipping sauces **V VV DF GF**
 - turkey, brie & cranberry puff bites
 - little quiche with ham & cheese or spinach & cheese **V**
- curried potato & spinach sausage rolls w tomato relish **V VV DF**
 - beef, tomato & onion sausage rolls w barbeque sauce
- cheeky chickpea & vegetable balls w mango chutney **V VV DF GF**

MYO Taco Trays

\$4.95 each (minimum of 10 per item) we suggest 2 as a snack or 3 for a meal

trays come w a selection of salads incl. avocado, our coriander lime sauce & one of:

- mexican spiced chicken **DF GF**
- marinated ground lamb **DF GF**
 - scrambled tofu **V VV DF**

GF = Gluten Free V = Vegetarian VV = Vegan DF = Dairy Free (r) = upon request.



Tortilla Wraps \$11.90

cut in half – examples include:

- ham sliced off-the-bone, feta, roast capsicum, baby spinach & pesto
 - salami, olives, tomato, cucumber, baby spinach & hummus **DF**
 - chicken, bacon bits, parmesan, egg-mayo & cos
 - turkey, brie, cherry tomato, baby spinach & cranberry sauce
 - corned beef, aussie jack cheese, sweet mustard pickle & rocket
- marinated tofu, tomato, carrot, cucumber, red cabbage & green relish **V VV DF**

Bountiful Bagels \$9.90

cut in half – examples include:

- poached chicken, smoked provolone, rocket & mayo
 - turkey, avocado & pesto **DF**
 - corned beef, cheese, tomato & dijon mustard
 - salami, tomato relish & feta
- ham sliced off-the-bone, cream cheese & cherry tomato
 - chunky avocado salsa, olives & rocket **V VV DF**

Classic Sandwiches \$7.90

cut in quarters on a mix of café sized multigrain & white – flavours may include:

- ham off-the-bone, cheese & tomato
 - turkey, cranberry & cheese
- corned beef, red onion & dijon mustard **DF**
- free-range chicken, mayonnaise & lettuce **DF**
 - salami, tomato & cream cheese
 - curried egg **V**
 - vintage cheddar & chutney **V**
 - fresh tomato, avocado & hummus **V VV DF**
- salad of lettuce, tomato, cucumber & carrot w tomato relish **V VV DF**

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Bigger Better Bakes

\$9.90 per slice or \$75 per bake - serves 10

- traditional lamb pie w potato & cheese top GF
- gardeners pie (lentil) w potato & sweet potato mash VV GF DF
 - bombay potato & spinach filo pie VV
 - black bean enchilada "lasagne" V
- chicken, cheese & cherry tomato frittata V(x) GF

Super Salads

\$12.00 for individual salad bowls or \$15.80 w free-range chicken or corned beef

\$42.00 per kilo – serves 4 as a meal or 8 as a side

- zesty avocado salsa salad w tomato, radish, rocket, red cabbage, carrot, cucumber & black beans in sweet lime dressing VV V GF DF
- greek salad w feta, tomato, cucumber, red onion, cos & olives in oregano vinaigrette GF
- roast cauliflower salad w parmesan, toasted almonds & dried cranberries in sweet mustard dressing V GF
 - rice & lentil salad w mint, carrot and currants VV V GF DF
- dressed garden salad w cos, tomato, carrot, cucumber, red onion VV V GF DF

Sensational Sweets

- home-made sweets platter (assorted bite sized bits serves 10-12) \$58 / \$30 VV GF DF
 - whole carrot cake w cream cheese icing (serves 20 - 40) \$42
- whole classic chocolate cake w chocolate buttercream icing (serves 20 - 40) \$50
 - banana, apple chunk loaf (serves 10 - 20) \$29 VV DF
 - pear & raspberry almond bread (serves 10 - 20) \$35 GF
- homemade scones w stone&lea strawberry jam & cooloola cream \$2.95 each
 - co-op classic chocolate chip biscuits \$2.75 each
 - maple & almond biscuits \$2.75 each VV GF DF



Morning Moments

- continental breakfast platter (serves 10-12) w cold ham, salami, avocado, tomato, cheeses, fresh fruit, bagel chips & mini croissants \$78
 - brekky wrap w bacon, cheesy scrambled egg & bbq sauce \$11.50 **GF(r)**
 - brekky wrap w mushroom, cheesy scrambled egg & spinach \$11.50 **v VV DF GF(r)**
 - avocado quesadilla – grilled folded tortilla filled w hummus & avo \$11.50 **VV GF(r)**
 - fresh fruit salad pot \$6 **VV GF**
 - granola w honey infused natural yoghurt & fresh fruit \$8.50 **GF(r) P(r)**
 - mini croissant w ham off-the-bone & cheese \$6.50
 - mini croissant w tomato, avocado & cheese \$6.00 **v**
 - oat & cranberry biscuits \$2.75 **VV DF**

Thirst Quenchers

- juices – 2 litres \$11.50, individual 350ml \$4.40
- water –still 600ml \$3.40 or sparkling water 500ml \$4.40 or 750ml \$6.80
 - golden circle or coca-cola cans \$3.40 or bundaberg bottles \$4.40
 - coffee bags, assorted tea bags, milk, sugar, stirrers \$2.60pp/break
 - 100 cup hot water urn for hire \$95 (includes delivery & collection)

Hodgepodes

disposable items available upon request

- wooden knife, fork & napkin set \$0.35ea **FSC®**
- enviroboard **25cm plate** \$0.30ea, pack of 50 \$16
- double walled paper cups (hot) or clear bioplastic cups (cold) \$0.30ea
- napkins 2 ply – 10 for \$1, 20 for \$1.50, 50 for \$2.50, 100 for \$5

ADDITIONAL INFO:

- easy online ordering at www.espressotrain.com.au/catering
- we use free-range eggs & chicken, compost organic waste, are solar powered & employ people w disabilities
- we make everything fresh on the premises using mostly seasonal, fairly local top-notch ingredients
- therefore, we request four working days' notice for bakes & whole cakes
- for **small** orders [under \$1000] please order **by 10am two working days** before required
- for **large** catering events [\$1000 or more], please order **seven working days** in advance
- **gluten free wraps** are available upon request. add \$1.20 per item
- delivery to adjoining suburbs is \$15, elsewhere \$25 - \$35, delivery fee to outer regions \$60
- add 15% to delivery fee after 4pm weekdays. add 50% to delivery fee on weekends
- additional labour costs apply on weekends, please call for quote
- halal is available upon request w one week's notice & incurs a \$40 surcharge
- prices include GST