



ESPRESSO TRAIN cafe and catering

Ethical, Local,
Seasonal, Social

(07) 32607414

esspressotrain.com.au

Open 6.30am - 2pm Monday to Friday
6.30am - 1pm Sunday

Closed Saturday and Public Holidays

46 Station Street Nundah 4012

2015
AUSTRALIAN
SOCIAL ENTERPRISE
AWARDS WINNER

BREAKFAST – ALL DAY, EVERY DAY!

- **basic free-range eggs** (any way) on multigrain toast 8.40
- **turkish avocado** w labneh, za'atar & hot lemon **V GF(r)** 13.40
- **tropical smoothie bowl** mango, baby spinach & pineapple blended w natural yoghurt, topped with fresh fruit & our homemade "banana bread" granola **VV GF(r)** 13.40
- **field mushroom stack** w haloumi, chargrilled capsicum & balsamic reduction **V GF** 13.40
 - **vegan swap** haloumi to **scrambled satay tofu** **VV DF**
- **b'fast burger** – bacon, egg, mushroom & spinach w hollandaise on lightly toasted turkish **V(r)** 13.70
- **banana pancakes** w crispy bacon & real maple 15.50
 - **classic bacon, eggs & tomato** on toast **GF(r)** 16.40
- **perfect eggs** perched in pecorino cheese sauce & spinach w crisp fried bacon & toasted turkish fingers 17.90
 - **big breakky** – bacon, eggs, thick italian sausage, mushroom, tomato & spinach w turkish toast 22.50
- **fruit toast** thick cut & chock full of apricots [2 slices] **V** 6.30
 - **toast** [one slice] 2.75 extra slice add 2.00
wholemeal-grain or white with spread:
vegemite, peanut butter, local honey,
locally made stone & lea marmalade or strawberry jam
 - turkish add 0.60
 - bagel or gluten free add 1.20

Sides

- add bacon or haloumi or scrambled satay tofu.....5.20
- add mushrooms or spinach or italian sausage.....4.20
- add avocado or tomato or two eggs.....3.70
- add one egg or two2.10 / 3.70

VV = vegan **V** = vegetarian **GF** = gluten free **DF** = Dairy Free **(r)** = upon request

LUNCH 'N' SUCH

- **tofully pickled** – satay tofu w pickled pineapple, carrot, cucumber, fresh mint & coriander in grilled folded tortilla **VV DF** 9.40
 - **roaring tiger**–ginger spiced pork patty w pickled pineapple & peanut sauce on a toasted bagel **DF** 10.50
 - **co-op club sandwich** triple decker sandwich w bacon, cheese, tomato, turkey, lettuce & mayo 12.90
 - **haloumi wrap** w roast capsicum, mushroom, spinach, hummus & tangy pomegranate sauce **V** 13.30
 - **beanie burger** –our own vegan burger patty w caramelised onion, spinach, tomato, cucumber & beetroot relish on a bagel **VVV DF** 13.30
 - **pizza tuscan**y w white sauce, italian pork sausage, caramelised onion & pecorino cheese 14.20
 - **smoked salmon bagel** w avocado, capers, labneh, squeezed lemon & baby spinach 16.90
- above available “naked” or on Gluten Free wrap**
- **club salad** – poached chicken, bacon, garlic croutons, cherry tomatoes, grated cheese & crisp cos lettuce tossed in chef’s own ranch dressing 14.90

DESIGN YOUR OWN SANDWICH, WRAP or ROLL FROM \$5.80 - \$14

START WITH

egg-mayo v	5.80
cheese v	5.80
ham off-the-bone GF	6.80
poached chicken GF	6.80
turkey GF	6.80
corned beef GF	6.80
satay tofu	7.90
bean burger GF VV	7.90
pork burger GF	7.90
bacon GF	7.90
haloumi v	7.90
smoked salmon	9.60

CHOOSE YOUR BREAD

white or multigrain....n/c	
turkish.....	0.60
tortilla wrap vv	0.60
gluten free wrap vv GF or bagel vv	1.20

ADD SAUCE

mayonnaise
hummus
tomato sauce
beetroot relish

ADD EXTRAS

lettuce	0.60
red onion.....	0.60
grated carrot.....	0.60
cucumber.....	0.60
tomato.....	1.20
all above = salad	3.50
alfalfa	0.60
caramelised onion ..	1.20
capers	1.20
spinach	1.20
cheese.....	1.60
pickled pineapple....	1.60
roast capsicum.....	1.60
field mushroom.....	2.10
egg	2.10
bacon/slice	2.60
avocado	3.70
extra meat	4.40

cranberry
bbq sauce
mustard
sweet mustard pickle

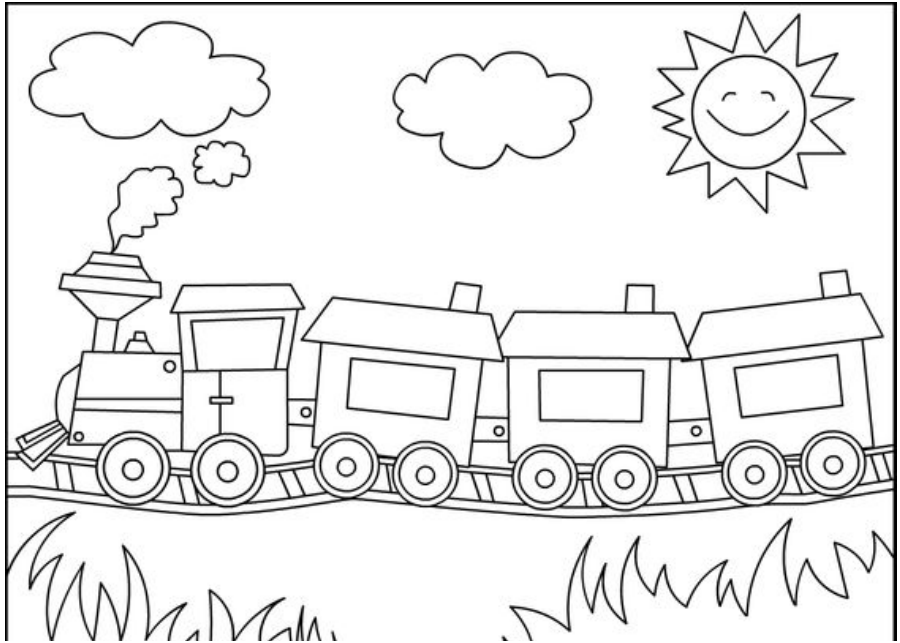
MINIATURE TRAIN [kids menu]

- fresh diced fruit & local honeyed yoghurt v GF 6.40
- mini brekky (one of) bacon, egg, avocado & toast 10.90

1 or 2 SLICES of ANY BELOW

- three cheese soldiers v 4.40 / 8.40
- scrambled egg on toast v 4.40 / 8.40
- banana pancakes w maple syrup & ice cream v 5.20 / 9.50
- avocado smashed on toast vv 6.40 / 11.80

Colour me!



BARISTA MADE BEVERAGES

- Aromas **premium organic** coffee, any way you like it:

espresso 3.40

small cup 3.90

medium/mug 4.70

large [t/a cup] 5.50

- extra shot, decaf, syrup, soy milk, lactose free milk, almond milk.... add 0.60

- **matcha latte** the perfect blend of green tea powder, & steamed milk, lightly sweetened w maple syrup add 0.60

- **hot mocha** add 0.60

- **babycino** with two marshmallows 1.20

- **icepresso** double espresso over ice & cold water 5.10

- **ice latte** double espresso & cold milk over ice 5.70

- **iced coffee, chocolate or mocha**
w cream, ice-cream & cold milk 6.90

- **tea leaves** served hot in a pot 4.60

- **iced tea** brewed then poured over ice 5.20

english breakfast

irish breakfast

earl grey

russian caravan

arctic fire

black chai

china green

ceylon BOP (decaf)

rooibos

camomile

berries of the forest

DID YOU KNOW? we do **chai three ways**

- **chai latte** made with syrup or powder & steamed milk
- **chai tea** leaves steeped for 3 minutes in boiling water combined w steamed milk & cinnamon in the pot

SMOOTH and COOL

JUCED UP 8.20 [one size]

- **no-jito** - watermelon, pineapple, lime & mint **v vv DF**
- **spring clean** - celery, carrot, apple & ginger **v vv DF**

SEASONAL SMOOTHIE 7.80 [one size]

- **pina co-na-na** - banana, pineapple & coconut milk **v vv DF**
- **fruit tingle** - mixed seasonal fruits, local honey, yoghurt & your choice of milk **v vv(r)**

MILKSHAKES 4.70 / 6.50

- chocolate
- caramel
- coffee
- mocha
- vanilla
- strawberry
- lime
- banana
- **malt** add 0.60
- **thick** add 2.20

FIZZ :: FIZZ :: FIZZ

- **fizz** - a carafe of sparkling water over ice 3.20 (free refill)
- **fruity fizz** - strawberry & mint or seasonal citrus 4.40

FROM THE FRIDGE

- thank you water
 - golden circle cans
 - small milk
3.20
 - coconut water
by the glass
 - cloudy apple juice
 - orange juice 4.20
 - sparkling water
(bottled)
 - bundaberg 4.40
 - kombucha
 - gatorade 6.80
- chilled water
available*